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Peer learning event – Linköping, Sweden

Eva-Lena Lundberg and Josephine Lindblom had two educational sessions when they were testing a part of the teaching/learning material. The section that they were testing was the reflection-method called SWOT.

At the first session the participants were seven assistant nurses who works at three different daycare centers for persons with dementia.

At the second session the participants were sixteen assistant nurses who works at a residential home (group home) for younger persons with dementia.

The educational sessions were held at a different place than their workplace. They spent about one hours at each session to work with the SWOT-method.

They talked about their strengths regarding activities that they do together with the persons who attend the daycare center and those who lives at the residential home. Which are our personal strengths/weaknesses? How does it affect our work? What obstacles/opportunities exist?

The result from the daycare centers:

In order to compile, the daycare centers have good conditions for exercising activities, but it is important to have self-awareness and understand how my attitude to Activity affects our days with our guests at the centers.

The result from the residential home:

To compile, the residential home has good conditions for exercising activities, but it is important to have self-awareness and understand how my attitude to Activity affects our days together with our tenants, and that you offer the right kind of activity to the individual. As well as having a clear planning/structure, for example a folder system to know who is responsible for the activity.

Reflections from the two sessions:

The participants were positive and interested in to try the method. Some of the participants had difficulty reflecting on themselves and their abilities. Some participated more than others. The groups were interested to use this method more times.

It was a good and easy method to use at a teacher. It was more difficult for users to reflect on themselves. There is a need for compassion and assumes that it is used several times.

I think that the SWOT analysis was easy to understand and apply. But you may have to use it (the method) on several occasions before all students fully understand the purpose and can apply it.





Results from the questionnaire:

Learning Topic 1: Reflection and Self awareness

Was the layout of the teaching resources easy to follow and understand.

	Agree	Disagree	Neither Agree/Disagree
Students	15	1	
Teachers	2		

Was the language used appropriate for level of the course (SQCF 7 or EQF 5).

	Agree	Disagree	Neither Agree/Disagree
Students	15	1	
Teachers	2		

Looking at the assessments of evidence required to achieve the outcomes. Are they written so you fully understand what is requires?

	Agree	Disagree	Neither Agree/Disagree
Students	14	2	
Teachers	2		

Will the learning and teaching material support assessments and evidence required.

	Agree	Disagree	Neither Agree/Disagree
Students	15		1
Teachers	2		